

Lake Forest College

BENEFIT HIGHLIGHTS**

Participating Provider Organization [PPO] NETWORK

Only highlights of the benefit plan are provided. After enrollment, members will receive a Benefit Booklet that more fully describes the terms of coverage.

PLAN DESIGN	In Network	Out of Network
Calendar Year Deductible		



Embedded Deductible and Out-of-Pocket - Once a person meets their Individual deductible, no more deductible is required for that Individual. When the Family deductible is reached, no further deductible will have to be satisfied for the remainder of that calendar/contract year. No participant will contribute more than the Individual deductible amount to the Family deductible amount.

Individual Coverage Out-of-Pocket Expense (OPX) Limit

The OPX limit is the amount of money that any individual will have to pay toward covered health care expenses during any one calendar year. The following items will not be applied to the out-of-pocket expense limit:

Reductions in benefits due to non-compliance with utilization management program requirements

Charges that exceed the eligible charge or the Schedule of Maximum Allowances (SMA)

Preventive Care -

benefits for routine physical examinations, well child care and routine diagnostic tests including, but not limited to: PSA, Pap Smear, Bone Density, and Colonoscopy. Health Education and Counseling services including, but not limited to: Smoking Cessation and Obesity.

Other Covered Services – General In network payment level - Private duty nursing, Naprapathic services, Blood and blood components, Ambulance Services Medical Supplies.

Inpatient Hospital Services - Coverage includes services received in a hospital, skilled nursing facility, coordinated home care and hospice, including mental health and -private room rates.

Outpatient Hospital Services - Coverage for services includes, but is not limited to, outpatient or ambulatory surgical procedures, X-rays, lab tests, chemotherapy, radiation therapy, renal dialysis, and mammograms performed in a hospital or ambulatory surgical center including mental health and substance abuse services. Routine mammograms performed in an in-network outpatient hospital setting are payable at 100%, no deductible will apply.

Outpatient Emergency Care (Accident or Illness) - The copayment applies to both in- and out-of-network emergency room visits. The copayment is waived if the member is admitted to the hospital.

Durable Medical Equipment (DME) is a covered benefit. Please refer to Certificate for details.

Optometrists, Orthotics, Prosthetic, Pedorthists, Registered Surgical Assistants, Registered Nurse First Assistants and Registered Surgical Technologists are covered providers. Please refer to Certificate for details on these and other provider types.

Discounts on Eye Exams, Prescription Lenses, Eyewear and Other Devices

Members can present their ID cards to receive discounts on eye exams, prescription lenses and eyewear. To locate participating vision providers, log into Blue Access for MembersSM (BAM) at https://documember.org/blue-nc/member and click on the Blue Access for Member Discount Program link.

WellBeing Management

When members receive covered inpatient hospital services, (outpatient mental health and substance abuse services [MHSA]), coordinated home care, skilled nursing facility